



# Birthday Bash!

I am a big believer in celebrating success, and having a birthday is one success that **MUST** be celebrated. To celebrate, take the time to look back on the year past and the results you have achieved as well as looking to the year ahead at the results you desire. It can be good to do this in conjunction with the Regular Results Review. **Take the action, make it happen!**

If you need any assistance, contact me on [birthday@warwickmerry.com](mailto:birthday@warwickmerry.com) or +61 408 592 158.

## 15 Results

What results have you accomplished since your last birthday? What have you done, seen, experienced, enjoyed or achieved?

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_
- 7 \_\_\_\_\_
- 8 \_\_\_\_\_
- 9 \_\_\_\_\_
- 10 \_\_\_\_\_
- 11 \_\_\_\_\_
- 12 \_\_\_\_\_
- 13 \_\_\_\_\_
- 14 \_\_\_\_\_
- 15 \_\_\_\_\_

## 15 Ways to be Grateful

What do you have in your life that you are grateful for as you celebrate your birthday

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_
- 7 \_\_\_\_\_
- 8 \_\_\_\_\_
- 9 \_\_\_\_\_
- 10 \_\_\_\_\_
- 11 \_\_\_\_\_
- 12 \_\_\_\_\_
- 13 \_\_\_\_\_
- 14 \_\_\_\_\_
- 15 \_\_\_\_\_



## 15 People to See

In the coming year, who will you connect or reconnect with to grow your network?

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_
- 7 \_\_\_\_\_
- 8 \_\_\_\_\_
- 9 \_\_\_\_\_
- 10 \_\_\_\_\_
- 11 \_\_\_\_\_
- 12 \_\_\_\_\_
- 13 \_\_\_\_\_
- 14 \_\_\_\_\_
- 15 \_\_\_\_\_

## 5 Actions to Stop

What actions are you will to stop in the coming year? They may be bad habits or traits that you are finally ready to let go of.

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_

## 5 Actions to Start

What new habits will you bring in to your life? What do you want to bring in to your life to help expand your enjoyment and get results?

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_

## Your focus and 10 Ways to Achieve it

The focus for the year is: \_\_\_\_\_

What 10 things will you do to achieve or work towards this focus?

- |         |          |
|---------|----------|
| 1 _____ | 6 _____  |
| 2 _____ | 7 _____  |
| 3 _____ | 8 _____  |
| 4 _____ | 9 _____  |
| 5 _____ | 10 _____ |